



GARRABOST

FREE CHURCH

*Therefore welcome one another as Christ has welcomed you,
for the glory of God*

Weekly Bulletin

21st July 2019

Garrabost Free Church welcomes you to our services today.

We use the **English Standard Version** of the Bible in our services.
Psalm books (Sing Psalms with Scottish Psalter) and Bibles
are available in the entrance hall.

Website - www.garrabostfree.church

Facebook - [@GarrabostFreeChurch](https://www.facebook.com/GarrabostFreeChurch)

Twitter - [@GarrabostFree](https://twitter.com/GarrabostFree)

Email - garrabostfree@gmail.com

Children's packs – evening service

There are packs with worksheets, pencils and sweets at the door for children who will be attending the evening service. This is to encourage parents to bring their children to church in the evenings as well as the mornings.

We thank **Mr Calum Maclean** and **Mr Farquhar Macleod** for taking the services today.

Main Road Church 12 noon Service to be taken by Mr Calum Maclean	Psalm 146:1-7 (Scottish Psalter, p445) CM
	Psalm 147:1-7 (Sing Psalms, p192) CM
	Psalm 142:1-7 (Sing Psalms, p16) LM
	Psalm 116:5-8 (Scottish Psalter, p396) CM
Readings	2 Kings 4:8-37

Children's church will meet during the 12noon service. The children will go to the front for the children's address and go out at the start of the second singing.

The creche will be supervised by **Anne Macleod** and **Wendy Macmillan**

School Road Church 6.00pm Service to be taken by Mr Farquhar Macleod	Psalm 40:1-5 (Scottish Psalter, p259) CM
	Psalm 25a:1-7 (Scottish Psalter, p231) SM
	Psalm 61:1-8 (Sing Psalms p149) CM
	Psalm 30: 8-12 (Scottish Psalter p240) CM
Reading	Ruth 1

Congregational services and events this week

Monday 22 nd	7.00pm – WFM Walking Group will meet at Sandwick School Car park.
Wednesday 24 th	7.30pm - Prayer Meeting in School Road Church Hall to be taken by the elders.
Saturday 27 th	7.30pm – Prayer meeting in Main Road Church Hall

Services next Sunday 28th July

Both services to be taken by **Mr Donald Macleod**, Student

12 noon	Main Road Church
6.00 pm	School Road Church

Children's Church will meet during the 12noon service.

The creche will be supervised by **Margaret Graham** and **Mairi Munro**

Rev Andrew Coghill – Annual Leave

Andrew plans to be on annual leave from Wednesday 24th July until Thursday 8th August inclusive. Rev James MacIver and Rev Kenny I Macleod have very kindly agreed that between them they will cover any Pastoral Emergencies for Garrabost during his absence.

Congregational Meeting

Following on from the Congregational Meeting on Thursday 27th June, a formal request has now been sent to the Presbytery which is due to meet this coming Tuesday, asking them to appoint a date to moderate in a Closed Call to **Rev Professor Bob Akroyd** of the Edinburgh Theological Seminary. Please remember Prof Akroyd as he prayerfully considers this.

Challenger Bus Visit

Plans are underway for the **Challenger Bus** to return to Point from **Saturday 14 to Saturday 21 September**, with evening work taking place at Sgoil an Rubha each week night from Monday 16th. Further details will be available shortly. Please remember this work in your prayers.

Use of Church Buildings

The morning services have been held in Main Road for a 6 month trial period since January with the evening service held in School Road. The main reason was to accommodate the Sunday School and provide stability and regularity for the children and teachers. Other reasons were to bring consistency to the weekly routine and make it easier for those who aren't out every week (and even some that are!!) by not having to check where the service is held. The Kirk Session agreed to continue this arrangement as it seemed to be working well and the Sunday School teachers also expressed a preference for the practice to continue.

Grace on the Green – Thursday 8th August

Tickets for this year's event – including family tickets – are now on sale at Influence on Cromwell Street, Stornoway. Buy your tickets early to avoid disappointment. The Grace on the Green 2019 committee would appreciate your prayers for this event to be a God-glorifying evening of worship at the heart of our community.

Prayer Notes

Separate prayer notes are now being produced on a weekly basis. They include Generation Praying for One Another and the Global Mission prayer points for the coming week. Also included are the Adopt a Camp prayer points and other congregational related issues. If anyone would like any prayer points to be included, please email garrabostfree@gmail.com or speak to one of the elders.

Items for uplifting today

The **July/August Record**, **DayOne Magazine**, **Breakthrough** (Slavic Gospel Newsletter) & **Barnabus Aid** (Aid agency for the persecuted church)
Inspire – Inspire has been relaunched as a smaller and very readable magazine. The current issue focuses on mental health.

Door Duty Rota for Sunday and Wednesday

July	Donald Macleod (S), Donald Macleod (B), Finlay Stewart
August	Calum Campbell, Iain Nicolson, Donald J Macleod (Stornoway)

Counting and Banking Rota

July	Donald Macleod (S), Finlay Stewart, Donald J Macleod (Garrabost)
August	Calum Campbell, Donald J Macleod (Stornoway), Alastair Fairgrieve

Creche Rota for July and August

28 th July	Margaret Graham/Mairi Munro
4 th August	Morag Macleod/Mina Nicolson
11 th August	Catriona Dunn/Alison Macdonald

Supply

28 th July	Mr Donald Macleod, Student
4 th August	Mr Donald Macleod, Student
11 th August	Rev Kenneth Ferguson

Contacts

Interim Moderator – Rev Andrew Coghill - andcoghill@gmail.com

Garrabost **Main Road & School Road** Church Caretaker –
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Bulletin Coordinator – Catriona Dunn - catrionaportvoller@gmail.com
Any notices for the bulletin should be forwarded by Friday morning.



Tribute to the late Rev. Robert M. Sinclair

Robert (Bob) Malcolm Sinclair was born in Gaya, India on 25th April 1941. When Bob was 11, the family moved to England and he completed his secondary education in Exeter. In 1957, Bob joined the RAF as an apprentice radio technician and in 1961 he was posted to the RAF station at Aird, Uig, Isle of Lewis. In the providence of God, Lewis was to become home. Quite soon after his arrival, he met Annie Mary Macleod, and they were married in Stornoway Free church in September 1964, a marriage which lasted for 55 happy years. The first three years of their married life were spent in Germany during which Allison and Robert were born. This was followed with a posting to RAF Kinloss in 1968 and in 1969 they were posted back to Aird Uig. They set up home in Stornoway and in 1971 their third child, Monica, was born. Monica passed away in 2015.

Bob was deeply affected by Annie Mary's conversion and in due time he too came to embrace the Saviour and lived out the rest of his life consistently honouring and serving Him. Shortly after his conversion, he felt the Lord was calling him into the Christian ministry. After completing his studies at the Free Church College, Edinburgh, he was ordained and inducted to the pastoral charge of Dumbarton Free Church where he and Annie Mary served the Lord faithfully and fruitfully for over 17 years. During his time there he also served as Clerk of the Glasgow Presbytery. He was also a dutiful Interim Moderator for the vacant Free Church congregations of Arran, St Vincent Street, East Kilbride and Ayr.

As a preacher, Bob conveyed the great themes of the gospel with Christ centred reverence and with a genuine zeal to see all those who were still strangers to God's grace embracing Him as their Saviour. Although he retired from the pastoral charge of Dumbarton Free Church, he never retired from being a pastor. On their return to Lewis in 2009, their home at Nicol Crescent was a particularly warm and welcoming one, as is fondly remembered by their many friends. From there Bob continued a quiet but effective ministry of supporting, comforting, counselling and encouraging all those he came into contact with.

After being granted a seat on the Western Isles Presbytery, Bob served with great acceptance as Interim Moderator of the Lochs congregation, and of the Stornoway Free Church congregation. In addition, he regularly provided a much-appreciated pulpit supply to the vacant congregations throughout the Western Isles. In 2012 he was elected to serve as an elder on the Kirk Session of Stornoway Free Church where he applied himself with unfailing loyalty.

One of Bob's great concerns was for the continuance of a robust, challenging and Bible-focused pulpit ministry and he frequently provided support, wisdom and encouragement to his younger colleagues in the ministry. He loved preaching and did so up to the close of 2018 when his health issues became more apparent forcing him to decline invitations to do so.

We extend our sincere condolences to his widow Annie Mary, his daughter Allison and her husband John, his son Robert and his wife Marina, and to his grandchildren Michelle, James, Josh and Jodie, as well as to his remaining brother Peter and his wife Margaret. We pray that God will comfort and strengthen them all.

For to me to live is Christ, and to die is gain. Philippians 1.21

Prayer Notes

21st July 2019

Rejoice always, **pray without ceasing**, give thanks in all circumstances;
for this is the will of God in Christ Jesus for you. **1 Thess 5:16-18**

Congregational Prayer Points

- Please pray for the **elders** and the **interim moderator**. Pray for wisdom and discernment for them to make the correct judgements in all future decisions
- Pray for those who have recently lost loved ones and also those who still grieve for loved ones after many years.
- Please pray for our **young people** with all the pressures that modern life brings
- Pray for **those** in our community who currently **do not attend church**
- Pray for those connected with the congregation who are **housebound, hospitalised** or in **nursing homes**.
- Pray for **Rev John H Maclean** who is seriously unwell at home at present. John has been a good servant of our congregation during our vacancy.
- Pray for **Rev Dominic Smart** and his family as he continues his fight against cancer.
- Pray for **Shaun Munro**, Swordale, as he has returned from hospital in Aberdeen as the healing was not progressing as expected and pray that the new method would be successful. It will be a long process.

- **Children's Church** – Pray for those who volunteer to help during holidays and for Anne Mackenzie who plans it and manages the rota. Give thanks for the number that attend each week.
- **ABC** – Pray for all the children that have attended last year and that what they heard about Jesus will be embedded in their hearts. Pray for those who will be going on to P5, that they would attend SU after the holidays.
- **Point2Life** – Pray for all who attend and also that more would come along. Pray for guidance for the leaders as they seek to plan ahead.
- **Sunday School** – Pray for the regular teachers, **Christine, Janis and Finlay** and all those who help them each week as well as the children and parents. Pray that they would know God's blessing during the holidays.
- **Creche** – Pray for the children who attend creche each week and we thank God for young families who come along.
- **Scripture Union** – Pray for Christine Cumming and Elizabeth Ferguson as they take a break for the summer and help them to plan for next term.
- **Challenger Bus Visit** – Pray for the Challenger Bus Team as they prepare to visit Point for a week in September. Pray that the required funding would be achieved to enable them to carry out their mission work with kids and young people.
- **Parent and Toddler Group** - pray for parents and the children and those from the congregation who help from week to week. Pray that relationships would be built with the parents to encourage them and the children to attend church.

ADOPT A CAMP - KINCRAIG KIDS 1

Prayer Points

Give thanks

- for the prayer, planning, organising and fundraising that took place for the **Kincraig Kids 1** camp. Give thanks for the team who worked so tirelessly to make it such a success.
- for the '**Adopt a Camp**' initiative which has raised awareness among the congregation and provided additional support for the leaders.
- for **Mairi, Hugh, Finlay, Anna, Amy, Uilleam, Ashley, Murdo, Fiona, Christine** and **Maddy** who so willingly and selflessly gave up a week of their holidays to serve the Lord and provide for the children.

Please continue to pray

- for the campers and their families, especially those who are not Christians, as the campers tell of all they saw, heard and learnt during their week at camp.

ALL CAMPS

Give thanks:

- for all the young people who have been to camp this year and for those still to attend and also for the number of full camps.
- for last week's camps – **Oswestry Junior 2, Oswestry Senior, Kincraig girls, Junior football and Renfrew Kids** and **pray** for them as they all return to their own congregations today

Please pray:

- for **Kirsten** and **Donald** as they see all their hard work and planning and answered prayer coming together. Pray for them as they look to complete the final arrangements for the remaining camps of 2019.
- for the remaining camps of **2019 - Renfrew Juniors** which started yesterday and **Harris Shinty, Kincraig Girls 2** and **Renfrew Seniors** on 27th-3rd August
- that the **Leadership teams** would work well together, **supporting** and **encouraging** each other in this **amazing** work
- for **Campers** – that God would **prepare their hearts** even now to **hear from Him** during their week at Camp
- for the **congregations** of Campers, that they will continue to **support and disciple** the Campers after Camp.



PRAYING FOR ONE ANOTHER

21 July 2019

Gardenstown

Gardenstown New Church situated in the picturesque village of Gardenstown on the Moray Firth between Macduff and Banff to the west and Crovie and Pennan to the east with stunning views across the sea to Caithness. The congregation joined the Free Church on October 2016.

Prayer Points

1. Give thanks to the Lord for Robin Gray accepting the call to become our minister. Please pray for Robin, his wife Megan and their baby girl as they prepare to come and join us. Give thanks for both Robin and Megan and pray for them as they settle into family life.
2. Pray for the children who come along to the Youth Club. Pray that each of them would come to know and love the Lord as their Saviour.

Kinloch

Kinloch Free Church seeks to serve the Lord in the Lochs area of the Isle of Lewis, covering around 7 villages.

Prayer Points

1. Pray that the preaching of the gospel would be blessed to the many unbelievers who sit under it every week and yet remain unchanged.
2. Pray that children from the community, along with their parents, would respond to invitations recently sent out and come to the Summer Holiday Club which is currently running during our morning services instead of the usual Sabbath School.



Sun 21st/Mon 22nd Japan

Pray for Osamu as he preaches in Ishinomaki-city on the 3rd Sunday of each month. This church was built 3 years after the 2011 tsunami which killed many people in the city. A number of people became Christians as a result of ministry to the victims of Tsunami. Pastor Cho and his wife are physically exhausted due to many years of practical help they gave to the victims. Please pray for them as they continue to minister to the community.

Tues 23rd/Wed 24th Turkey

There are two Turkish-language Christian satellite television channels, producing many different kinds of programmes, which can also be watched on the internet. There are also a number of YouTube channels carrying Christian content in Turkish. Pray for all these different ministries - that believers would be blessed by them; and that those who do not know Christ yet would be drawn to him through them.

Thurs 25th/Fri 26th SFR

Please give thanks for all the staff at Diakonia who carry out their daily work duties with commitment and professionalism even when they are being overstretched. Pray that God would continue to uphold them in all difficult and demanding situations and that He would have the Glory.

Sat 27th CWI

From 27th July to 10th August Christian Witness to Israel will be in London with an international team of missionaries and volunteers to tell Jewish people about Jesus. Please pray for stamina and for the safety of the team as the gospel is shared in Jewish areas of North and Central London. Please also pray that the Lord will turn many Jewish hearts to himself as the Good News about Jesus the Messiah is proclaimed.